## **EYELINER PERMANENT MAKEUP**

## PRE CARE RECOMMENDATION

- Have a good breakfast or lunch before the day of the procedure.
- Do not consume any caffeine(coffee/de-coffee /tea/herbal tea) on the day of the procedure.
- Avoid consuming alcohol/liquor 48 hours prior to the procedure.
- Avoid blood thinner, vitamin E, or any pain medication prior to the procedure.
- · Do not wear eye makeup on the day of the procedure.
- · Do not wear contact lenses on the day of the procedure.
- Remove the lash extension a week prior to the procedure.
- Don't do botox, filler, chemical treatment, or microdermabrasion 4 weeks prior to the procedure.
- If any medical concerns or questions, please reach out to your primary physician prior to the procedure.

## AFTERCARE RECOMMENDATION

- Wash your eyes/eyelids twice a day daily after 24 hours of the procedure.
- · Don't worry about pigment. It will not remove or fade.
- Keep the area moisturized by applying healing ointment (very little) until your eyelids heels.
- · Avoid applying ointment on the wet or damp area.
- Use OTC eye lubricant if your eyes feel dry or itchy.
- Avoid touching, rubbing, and scratching the procedure area.
- Don't pick up scabs, flakes, and dry skin during the healing process. Picking up scabs/ flakes/dry skin may cause color loss and scars.
- Don't swim, sweat, or do excessive exercise for 7 to 10 days.
- Avoid sun tanning and direct sun on the face for 7 to 10 days. Wear sunglasses when outdoors.
- Avoid long and hot and steamy showers for 7 to 10 days.
- Avoid makeup including sunscreen around the eyelid and on the eyelids for 7 to 10 days.
- · Avoid lash lifting and tinting for 4 weeks.
- Avoid eyelash extensions until your eyelid heals properly.
- Avoid applying the lash serum/mascara for 4 weeks
- · Avoid facials, botox, fillers, microdermabrasion, or chemical treatment for 4 weeks.
- Use a fresh pillowcase and keep your face up while sleeping.
- Drink plenty of water.